



A SENSE OF HOME

COOKING CONNECTED

Grocery List

- 2x Dozen Eggs
- Bag of Flour
- 2x Tofu
- 2x Ground Turkey
- 1x Serving of Uncooked White Fish
- 1x Packet of Chicken Thighs
- 1x Whole Chicken
- 1x Bacon
- 1x Large Butter
- 2 x Shredded Cheese
- 2x Sandwich Turkey Slices
- 2x Cheese Slices
- 2x Loaf of Whole Grain Bread
- 2x Hawaiian Buns
- 1x Pita Bread
- 1x Flour Tortilla
- 1x Corn Tortilla
- 1x Large Milk
- 2x Box of Almond Milk
- 1x Large Natural Yogurt
- 1x Bag of Rolled Oats
- 1x Shredded Coconut
- 2x Tomato Pasta Sauce
- 3x Penne Pasta
- 2x Spaghetti
- 1x Pad Thai / Rice Noodles
- 1x Extra Virgin Olive Oil
- Salt
- Pepper
- 1x Can of Parmesan
- 1x Almond Meal
- 2x Mac and Cheese
- Bananas
- 6 Apples
- 6 Oranges
- Bag of Potatoes
- Celery
- Frozen Shredded Potatoes
- Frozen Peas
- Frozen Green Beans
- 1x Packet of Dried Raisins
- 2 x Box of English Spinach
- 2x Large Cucumber
- 2x Bell Peppers
- 2x Bunch of Cilantro
- 1x Large Serving of Basil
- 6 Tomatoes
- Fresh Ginger
- 6 Brown Onions
- 1 Garlic Knob
- 1x Newman's Salad Dressing
- 1x Mayonnaise
- 1x Peanut Butter
- 1x Jam
- 2x Cans of Red Kidney Beans
- 2x Cans of Garbanzo Beans
- 4x Cans of Tuna
- 4x Cans of Tin Tomatoes
- 4x Coconut Cream/Milk
- 1x Bag of Brown Rice
- 1x Set of Tupperware

