



LOVE LIBRARY

Booklist for Young Adults

MEMOIR:

- ♥ ***Someone Has Led This Child to Believe*** by Regina Louise

POETRY:

- ♥ ***The Hill We Climb*** by Amanda Gorman
- ♥ ***Just Give Me a Cool Drink of Water 'fore I Diie*** by Maya Angelou
- ♥ ***On the Pulse of Morning*** by Maya Angelou

ACCLAIMED AUTOBIOGRAPHIES:

- ♥ ***The Audacity of Hope*** by Barack Obama
- ♥ ***Becoming*** by Michelle Obama
- ♥ ***Just Mercy*** by Bryan Stevenson
- ♥ ***The Last Black Unicorn*** by Tiffany Haddish
- ♥ ***My Own Words*** by Ruth Bader Ginsburg
- ♥ ***A Promised Land*** by Barack Obama

DIVERSITY:

- ♥ ***The Body Is Not an Apology*** by Sonya Renee Taylor
- ♥ ***Caste*** by Isabel Wilkerson
- ♥ ***How to Be an Antiracist*** by Ibram X. Kendi
- ♥ ***I'm Still Here*** by Austin Channing Brown
- ♥ ***Just Mercy*** by Bryan Stevenson
- ♥ ***So You Want to Talk About Race*** by Ijeoma Oluo
- ♥ ***White Fragility*** by Robin DiAngelo

FIND YOUR PASSION / PURPOSE:

- ♥ ***The Alchemist*** by Paulo Coelho
- ♥ ***Becoming Supernatural*** by Dr. Joe Dispenza
- ♥ ***The Fifth Agreement*** by Don Miguel Ruiz and Don Jose Ruiz
- ♥ ***The Great Work of Your Life*** by Stephen Cope
- ♥ ***The Hero's Journey*** by Joseph Campbell
- ♥ ***The Lion Tracker's Guide to Life*** by Boyd Varty
- ♥ ***A Mind at Home with Itself*** by Byron Katie
- ♥ ***The Path Made Clear*** by Oprah Winfrey
- ♥ ***Siddhartha*** by Hermann Hesse





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Booklist for Young Adults *(cont'd)*

COOKBOOKS:

- ♥ ***The Complete Cooking for Two Cookbook*** by America's Test Kitchen
- ♥ ***Effortless Vegan: Delicious Plant-Based Recipes*** by Sarah Nevins
- ♥ ***Food, Health, and Happiness: 115 On-Point Recipes for Great Meals and a Better Life*** by Oprah Winfrey
- ♥ ***I Heart Soul Food: 100 Southern Comfort Food Favorites*** by Rosie Mayes
- ♥ ***Joy of Cooking: 2019 Edition Fully Revised and Updated***
- ♥ ***Modern Comfort Food: A Barefoot Contessa Cookbook*** by Ina Garten

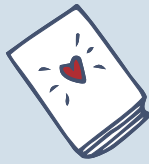
CURRENT ISSUES:

- ♥ ***Antisocial Media*** by Siva Vaidhyanathan

SELF-LOVE / HEALING:

- ♥ ***The Book of Joy*** by 14th Dalai Lama, Desmond Tutu and Douglas Abrams
- ♥ ***Braving the Wilderness*** by Brené Brown
- ♥ ***Change your Thoughts - Change Your Life*** by Wayne Dyer
- ♥ ***Find Your Own North Star*** by Martha Beck
- ♥ ***The Happiness Advantage*** by Shawn Achor
- ♥ ***Living in the Light*** by Shakti Gawain
- ♥ ***Mindfulness in Plain English*** by Bhante Henepola Gunaratana
- ♥ ***A New Earth*** by Eckhart Tolle
- ♥ ***The Power of Now*** by Eckhart Tolle
- ♥ ***A Return to Love*** by Marianne Williamson
- ♥ ***The Road Less Traveled*** by M. Scott Peck
- ♥ ***Soul Healing Miracles*** by Dr. Zhi Gang Sha
- ♥ ***Total Meditation Practices*** by Deepak Chopra
- ♥ ***What Happened to You?: Conversations on Trauma, Resilience, and Healing*** by Oprah Winfrey and Dr Bruce D. Perry





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Booklist for Young Adults *(cont'd)*

LIFE SKILLS / ORGANIZATION:

- ♥ ***The Martha Manual*** by Martha Stewart

PERSONAL GROWTH:

- ♥ ***Permission Granted*** by Regina Louise
- ♥ ***Almost Everything*** by Anne Lamott
- ♥ ***Girls Guide to Becoming A Teen*** by Carol Sinclair
- ♥ ***Journey to Beloved*** by Oprah Winfrey
- ♥ ***Loving What Is*** by Byron Katie
- ♥ ***On Being Human*** by Jennifer Pastiloff
- ♥ ***Reinventing Your Life*** by Jeffrey E. Young, Ph.D., and Janet S. Klosko
- ♥ ***Untamed*** by Glennon Doyle
- ♥ ***What I Know For Sure*** by Oprah Winfrey
- ♥ ***You Can Heal Your Life*** by Louise Hay
- ♥ ***The Four Agreements*** by Don Miguel Ruiz
- ♥ ***Atomic Habits*** by James Clear

CLASSICS:

- ♥ ***The Adventures of Huckleberry Finn*** by Mark Twain
- ♥ ***And Still I Rise*** by Maya Angelou
- ♥ ***As I Lay Dying*** by William Faulkner
- ♥ ***Beloved*** by Toni Morrison
- ♥ ***The Grapes of Wrath*** by John Steinbeck
- ♥ ***The Heart of a Woman*** by Maya Angelou
- ♥ ***I know Why the Caged Bird Sings*** by Maya Angelou
- ♥ ***Little Women*** by Louisa May Alcott
- ♥ ***Lord of the Flies*** by William Golding
- ♥ ***Midnight's Children*** by Salman Rushdie
- ♥ ***Moby Dick*** by Herman Melville





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Booklist for Young Adults *(cont'd)*

CLASSICS:

- ♥ ***A Passage to India*** by E.M. Forster
- ♥ ***The Pilgrim's Progress*** by John Bunyan
- ♥ ***Song of Solomon*** by Toni Morrison
- ♥ ***The Sun Also Rises*** by Ernest Hemingway
- ♥ ***To Kill a Mockingbird*** by Harper Lee
- ♥ ***Ulysses*** by James Joyce

FINANCIAL LITERACY

- ♥ ***Get Good with Money*** by Tiffany The Budgetnista Aliche
- ♥ ***Clever Girl Finance*** by Bola Sokunbi
- ♥ ***Broke Millennial*** by Erin Lowry
- ♥ ***Why Didn't They Teach Me This in School?*** by Cary Siegel
- ♥ ***The Automatic Millionaire*** by David Bach
- ♥ ***The Total Money Makeover*** by Dave Ramsey
- ♥ ***Rich Dad Poor Dad*** by Robert Kiyosaki

PARENTING

- ♥ ***The Whole Brain Child is always good*** by Siegel & Bryson
- ♥ ***How to Talk so Little Kids will Listen*** by Faber & King
- ♥ ***Peaceful Parent, Happy Kids*** by Laura Markham
- ♥ ***Daring Greatly*** by Brené Brown
- ♥ ***Helping Your Anxious Child*** by Ronald M. Rapee, Ann Wignall, Susan Spence, Vanessa Cobham, Heidi Lyneham
- ♥ ***Permission to Feel*** by Marc Brackett
- ♥ ***The Power of Showing Up*** by Daniel J. Siegel MD, Tina Payne Bryson PhD

